



The
**Joseph Rowntree
School**

the right school to grow in

SPRING TERM MENU

- SPECIALS COUNTER**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUTHERN FRIED CHICKEN FILLET	BEEF STROGANOFF & RICE	CHICK TIKKA WITH RICE	CHICKEN IN A RICH TOMATO SAUCE WITH PASTA	ASSORTED MEAT BAGUETTES
TEX MEX CHILLI WITH NACHOS	SAUSAGE ROASTIES GRAVY	CHICKEN PARMO WITH SPICY WEDGES	CHICKEN JALFREZI WITH RICE	SELECTION BEEF TURKEY
CHICKEN PEPPERONI QUESADILLA	CHICKEN STIR FRY WITH NOODLES	BEEF BURGER IN A BUN	CHINESE CHICKEN IN A FLATBREAD	PORK GAMMON WITH CHIPS



WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SALMON IN CREAM & HERB SAUCE	CHICKEN CHIVE & MUSHROOM PIE TOPPED WITH SCALLOP POTATO	TRADITIONAL ROAST BEEF WITH YORKSHIRE PUDDING & GRAVY	BEEF LASAGNE	CRISPY BATTERED FISH TARTRE SAUCE CHUNKY CHIPS
VEGIE COBBLER	SPICY VEGETABLE & BEAN QUESADILLA	VEGETABLE SAUSAGE & YORKSHIRE PUDDING	DOUBLE CHEESE MAC	GOATS CHEESE LEEK & TOMATO TART
OAT CRUSTED BLOOMER	GARLIC BREAD	WHOLEMEAL LOAF	WHITE PLAITE	COB BREAD
FRESH BROCCOLI FRESH CARROTS HERBY DICED POTATO	SPROUTS SWEETCORN CHUNKY WEDGES	SEASONAL CABBAGE HONEY ROASTED PARSNIPS CRISPY ROAST POTATOES	CAULIFLOWER GREEN BEANS DAUPHINOISE POTATO	GARDEN OR MUSHY PEAS HOMEMADE COLESLAW
RICH CHOCOLATE CAKE & CUSTARD	FRUIT OF THE FOREST CRUMBLE & CUSTARD	GINGER SPONGE & CUSTARD	ZESTY CARROT CAKE & CUSTARD	BREAD & BUTTER PUDDING & CUSTARD



WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HAM & TOMATO QUICHE	CAJUN SPICED CHICKEN WITH A SPICY TOMATO SALSA	ROAST PORK APPLE SAUCE & STUFFING	BEEF & MUSHROOM PIE WITH MASH POTATO TOPPING	BATTERED FILLET OF FISH TARTRE SAUCE HOMEMADE COLESLAW
CHEESE & POTATO PIE	VEGETARIAN CHIMICHANGER	MIXED BEAN & AUBERGINE TAGINE	VEGETARIAN COTTAGE PIE	GOAN VEGETABLE CURRY & RICE
FLOURED LOAF	CROWN LOAF	SEEDED LOAF	WHOLEMEAL LOAF	CLASSIC BLOOMER
FRESH CARROTS CAULIFLOWER CHEESE MINI ROASTIES	SWEETCORN BROCCOLI FLORETS SCALLOPED POTATO	FRESH SAVOY CABBAGE CARROT & SWEDE MASH CRISPY ROAST POTATOES	FINE GREEN BEANS ROASTED BUTTERNUT SQUASH CRISPY WEDGES	GARDEN OR MUSHY PEAS HEALTHY SALAD CHIPS
JAM ROLY POLY & CUSTARD	TOFFEE APPLE STRUDEL & CUSTARD	CHOCOLATE BROWNIE & CHOCOLATE SAUCE	LEMON DRIZZLE CAKE & CUSTARD	ETON MESS MERINGUE WITH RASPBERRY



WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TUNA PASTA BAKE	HOMEMADE BEEF BURGER WITH SALAD IN A BUN	HONEY ROAST GAMMON & PINEAPPLE	BLACK SPINACH & CHICKEN CURRY WITH RICE	BATTERED FISH WITH CHUNKY CHIPS TARTRE SAUCE
VEGETABLE LASAGNE	CHEDDAR CHEESE & LEEK CAKE	MUSHROOM & CHEESE WRAP	POATO & VEGETABLE FRITTATA	VEGETABLE PASTA BAKE
GARLIC & HERB BREAD	COB LOAF	CROWN LOAF	WHOLEMEAL COB	WHITE TWIST
HONEY ROASTED PARSNIPS LEEKS & PEPPERS SCALLOP POTATO	GARDEN PEAS ROASTED VEGETABLES SPICY WEDGES	BATTON CARROTS SEASONAL CABBAGE CRISPY ROAST POTATOES	BROCCOLI FLORETS CARROT & SWEETCORN BAKED BABY POTAOES	GARDEN OR MUSHY PEAS COLESLAW
MARBLE SPONGE & CUSTARD	RHUBARB CRUMBLE WITH CUSTARD	ORANGE CAKE & CUSTARD	PLAIN SPONGE & CUSTARD	BANOFFE PIE